



Rachel Troup

Year of call: 2005

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“sharp acquisition of complex technical detail... followed by an unshakeably persuasive delivery in court”

“both compassionate and sharp – a barrister who really listens and whose focus on achieving the right result is second to none”.

Drawing regular praise for her meticulous, “no stone unturned” approach to preparing cases, her superb client care and her incisive and intuitive advocacy, Rachel has a specialist practice in inquiries and investigations, including criminal investigations and enforcement, regulatory law and environmental crime.

Rachel spent 18 months as counsel in the litigation and dispute resolution department of a leading UK commercial firm, where she handled a range of complex commercial disputes. She also led the firm’s regulatory team, advising external corporate and individual clients as well as teams across the firm on all aspects of various regulatory regimes, enforcement proceedings, criminal and quasi-criminal matters.

With her combined experience of commercial, regulatory and criminal law, Rachel is ideally placed to advise and support individuals and corporate clients on all areas where criminal sanctions may be in play and in matters involving compliance, investigations, adjudication, enforcement and prosecutions.

Rachel has been instructed as junior counsel to the Grenfell Tower Inquiry since March 2018.

Areas of expertise

Inquiries

Investigations

Regulatory

Environmental

Environmental crime and enforcement

Environmental crime and enforcement

Rachel advises and represents companies and individuals as part of the team at 39 Essex Chambers on all aspects of specialist environmental regulatory and criminal allegation. She brings her wealth of experience, comprehensive practical advice, and strategic decision-making at all stages of representation, from pre-

emptive compliance advice to initial investigations by the EA and other regulators, through to enforcement and prosecution in the criminal courts. Her expertise encompasses all areas of environmental regulation, including:

- Inspections;
- Criminal investigations, voluntary interviews, interviews under caution and prosecution;
- Orders ancillary to prosecution (confiscation under the Proceeds of Crime Act 2002 and Directors Disqualification);
- Environmental Permitting Regulations, including applications, appeals, compliance and enforcement (suspension, prohibition and revocation notices);
- Waste Offences;
- Hazardous material;
- Contaminated land and illegal discharges to air, land and water;
- Landfill Tax and the Landfill Communities Fund;
- Statutory Nuisance;
- Wildlife and Rural Offences, including illegal wildlife trading, hunting, firearms and offensive weapons and all matters under the Wildlife and Countryside Act 1981.

Qualifications

- BVC (Outstanding), College of Law (2005)
- Diplôme des Etudes Juridiques Françaises
- LLB (Hons) Law with French Law

Additional Information

Professional Associations

- Association of Regulatory & Disciplinary Lawyers
- Criminal Bar Association
- Fraud Lawyers Association
- Women in Criminal Law
- Female Fraud Forum

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